

# Work Plan (2017 - 2021)

**For organizations working primarily within one specific country of the Africa region**

Name of organization: The Shade Tree Project (A Sombra da Arvore)

Country: Mozambique

Specific region(s) within the country where you work: Nampula Province, but future work entirety of Mozambique

# STEP 1

What are your **current activities/actions** and how they contribute to the Regional Action Plan? (One activity may contribute to several targets)

<b>No.</b>	<b>Activity description</b>	<b>RAP Targets</b>
<b>1</b> <b>Sunscreen Production</b>	Locally producing a 30SPF all-natural sunscreen made from fair-trade African sourced materials. Train and employ local PWA to produce the sunscreen.	D2.2; D2.5
<b>2</b> <b>Cancer Prevention</b>	During our community meetings and in-home visits <ol style="list-style-type: none"> <li>1. We distribute the sunscreen, free of charge, to PWA.</li> <li>2. We emphasize the importance of daily usage to prevent cancer.</li> <li>3. We give detailed instructions on its usage including a visual guide to which they can refer.</li> <li>4. We talk of other sun protection measures, such as, long clothing, hats, and limiting direct sun exposure especially in the middle of day</li> </ol>	A1.1;
<b>3</b> <b>Population identification</b>	Working with community leaders, community members and government officials to identify PWA in the communities.	A1.4; A2.1

# STEP 1

<p><b>4</b> <b>Community Outreach</b></p>	<p>Hold community meetings in localities within the districts every 3 months for the PWA community.</p> <ol style="list-style-type: none"> <li>1. Participation of community and district administration leaders, district health, education, and social service representatives.</li> <li>2. Forums for discussions on PWA rights and problems within the community or with their health.</li> <li>3. Disseminate information about what is albinism, how to protect themselves from the sun, how to advocate for themselves or children in school, their right to free health care, and what to do in cases of violence, threats or prejudice.</li> <li>4. Capacity Building by developing working relationships within the community and with government entities.</li> <li>5. Encourage PWA and their families to become activists by talking to teachers, employers, friends and neighbors about albinism.</li> </ol>	<p>A1.1; A1.2, A1.4 B4.2; B5.1 D3.3</p>
<p><b>5</b> <b>Activist Training</b></p>	<p>Train PWA to become activists providing them with the tools and knowledge to become effective advocates and educators for themselves and the greater PWA community. The activists will conduct the home visits and lead the community meetings</p> <ol style="list-style-type: none"> <li>1. Training sessions with doctors from the Dermatology and Ophthalmology departments to develop a strong understanding of albinism and how it effects the body.</li> <li>2. Training session with the head of the Education Department and Social Services to understand their support in this project.</li> <li>3. Role playing activities to build confidence and knowledge in their interactions and interventions.</li> <li>4. Continual field observations and evaluation.</li> </ol>	<p>A1.1; A1.2; B4.2; B5.1 D2.2</p>

# STEP 1

<p><b>6 In-home Visits</b></p>	<p>Visit the homes of PWA every three (3) months</p> <ol style="list-style-type: none"> <li>1) Reinforce and expand upon the discussions at the community meetings or introduce those topics and discussions if they did not attend the meetings.</li> <li>2) Evaluation of our program impact and understand how we can greater serve their needs.</li> <li>3) Evaluation of sunscreen and usage of other sun protective measures</li> <li>4) Encourage PWA and their families to become self-advocating f their rights and to help dispel prejudices and misinformation.</li> <li>5) To reach out to us or the local social services for assistance.</li> </ol>	<p>A1.1; A1.2 B4.2 D3.3</p>
<p><b>7 Data collection</b></p>	<p>Conduct a survey collecting health, demographic, social indicators and opinions and perspectives. This serves as a baseline data to understand the greatest needs in the community and to develop appropriate projects and to involve the appropriate government and other NGO entities. These surveys will also help us evaluate the impact and effectiveness of our work.</p>	<p>A1.4; A2.1; A2.2; A2.3; A3.2</p>

# STEP 1

<b>8 School Interventions</b>	<p>We produced <i>A Guide for Teachers</i>, which presented to the staff at the the schools by our activists.</p> <ol style="list-style-type: none"> <li>1) The guide explains what is (and is not) albinism and our activist encourage the teachers to explain this to all their students.</li> <li>2) The guide explains how teachers can help make inclusive classrooms to facilitate their PWA students' success by varying some teaching techniques and allowing certain changes for their PWA students.</li> <li>3) We encourage teachers to help PWA protect themselves from the sun, integrate into social activities, and to help combat prejudices.</li> </ol>	<p>A1.1; A1.2; A1.4 B4.1; B4.2; B5.1 D2.1; D2.3</p>
<b>9 Increase access to health care</b>	<p>Working with health professional and administrators in hospitals and health posts to ensure adequate free care is provided to all PWA.</p> <ol style="list-style-type: none"> <li>1. The dermatology and ophthalmology departments have agreed to prioritize PWA patients when they arrive for consultations and treatments which cuts down on wait times and fear of going to the hospital.</li> <li>2. The Central Hospital has assured us that they will make sure all treatments for PWA are free of charge, as established in the provincial laws.</li> <li>3. Work to ensure special lenses are available to PWA</li> <li>4. Work with district Social Services and Health Departments to ensure their hospitals and health posts provide free care for PWA and that they refer PWA patients to the district Social Services, so they can receive treatment for skin or eye problems</li> </ol>	<p>A1.1; A1.3; A1.4; B3.1; B4.1; B5.1 D3.3</p>

# STEP 1

<p><b>10</b></p> <p><b>Increase health visits</b></p>	<p>Increase health visits by PWA</p> <ol style="list-style-type: none"> <li>1. Radio announcements in the city publicizing the free care available to PWA at the dermatology clinic and the importance to of consultation to combat cancer.</li> <li>2. Encourage PWA to visit the clinics during our encounters with them in their homes or at community gatherings.</li> <li>3. Encourage district Social Services and Health Departments to hold “Albinism Health Days”, either at existing clinics and hospitals or with their mobile clinics.</li> </ol>	<p>A1.4</p> <p>B4.2; B5.1</p> <p>D3.3</p>
<p><b>11</b></p> <p><b>Capacity Building</b></p>	<ul style="list-style-type: none"> <li>• Partnership and Contract with the Nampula Provincial Health Department</li> <li>• Partnership and Credential to Work from the Nampula Provincial Education Department</li> <li>• Partnership and Understanding of Work with the Department of Social Services</li> <li>• Partnership with Associacao Wiwanana Wa Ma Viuva (a group working with vulnerable women and children)</li> <li>• Understanding of work with Amor A Vida (local association of PWA in the city of Nampula)</li> <li>• Working relationships with District administrations, district and village community leaders, district level social services providers and administrators, district level health departments, and district level police and judiciary departments.</li> </ul>	<p>A1.4;</p> <p>B3.1; B4.1; B5.1</p> <p>D3.3</p>

# STEP 2

**New activities/actions** you plan to undertake and how they each contribute to the targets of the Regional Action Plan? (One action may contribute to several targets)

<b>Activity</b>	<b>Activity description</b>	<b>RAP Measures and targets</b>
<b>1 Database</b>	Create a disaggregated database of PWA including their demographic, socio-economic, health, and safety information which can be used to generate data and reports that can assist other NGOs and government agencies better serve PWA.	A1.4; A2.1; A2.2; A2.3, A3.2 B5.2
<b>2 Health Guide</b>	Produce a <i>Guide for Health Workers</i> which will be presented at the health posts and hospitals. The guide will include explanation on albinism (what it is and what it is not) and its associated health problems, and offer various methodologies to help improve the health of PWA as well as help with their socio-economic difficulties.	A1.1; A1.4; B3.1; B4.1 D3.3
<b>3 Presentation of Health Guide</b>	Our activists will work with district level social service and health department professionals to present our guide to health service workers in the hospitals, clinics and health posts.	A1.1; A1.2; A1.4; B3.1; B4.1 D3.3

# STEP 2

<b>4</b> Radio and Television campaign	Create PSAs for radio and television that invoke positive images of PWA and help dispel myths, misunderstandings, and prejudice.	A1.1; A1.2; A1.3; B4.2
<b>5</b> Increase sun protective measures	Provide wide brimmed hats to all PWA	
<b>6</b> Increase public celebrations of Albinism	Help reinstate the activities of AmorAVida and help them to create public celebrations of albinism, such as International Albinism Awareness Day. Help them expand their membership and activities outside the provincial capital.	A1.1; A1.2; A1.3 B4.2; B5.1
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# STEP 3

What type of **support** do you need to undertake your activities and action? (support can be financial, political, technical, or others)

<b>Activity</b>	<b>Activity description</b>	<b>Support needed</b>
<b>1</b> <b>Sunscreen</b> <b>Production</b>	Locally producing a 30SPF all-natural sunscreen made from fair-trade African sourced materials. Train and employ local PWA to produce the sunscreen.	financial
<b>2</b> <b>Community</b> <b>Outreach and In-</b> <b>home visits</b>	Hold community meetings in localities within the districts and visit the homes of PWA every 3 months.	financial

<b>3</b> <b>Activist</b> <b>Training</b>	Train PWA to become activists providing them with the tools and knowledge to become effective advocates and educators for themselves and the greater PWA community. The activists will conduct the home visits and lead the community meetings	Financial and technical
<b>4</b> <b>School</b> <b>Interventions</b>	We produced <i>A Guide for Teachers</i> , which presented to the staff at the the schools by our activists.	Financial
<b>5</b> <b>Data</b> <b>collection and</b> <b>database building</b>	Conduct a survey collecting health, demographic, social indicators and opinions and perspectives.  Create a disaggregated database of PWA including their demographic, socio-economic, health, and safety information.	Financial and technical
<b>6</b> <b>Creation and</b> <b>presentation of</b> <b>health guide.</b>	Produce a Guide for Health Workers which will be presented at the health posts and hospitals.	Financial
<b>7</b> <b>Radio and</b> <b>Television</b> <b>campaign</b>	Create PSAs for radio and television that invoke positive images of PWA and help dispel myths, misunderstandings, and prejudice.	Financial and technical

<b>8</b> Increase sun protective measures	Provide wide brimmed hats to all PWA	
<b>9</b>		

Completed on (insert date): \_\_\_\_\_

